

ITINERARY

Example of what a day during the mission trip looks like

7:00 - 9:00 a.m.

Breakfast

9:00 - 12:00 p.m.

Rotating workshops with boxing clubs on upskilling Coaches and senior boxers.

12:30 - 1:30 p.m.

Lunch

1:40 - 3:00 p.m.

Community workshops at schools or community hubs

3:00 - 4:00 p.m.

Downtime

5:00 - 7:00 p.m.

Volunteer return to their various gyms from the morning focus on working with young boxers after school

8:00 - 9:30 p.m.

Dinner